The Emblem



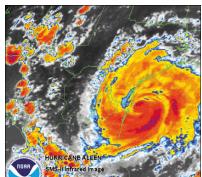
Vol. 47, No. 36

Marine Corps Logistics Base Albany, Ga.

September 16, 2004



Fitness center rededication... Daniel's family sacrifice remembered during rededication ceremony . See Page 3.



Hurricane prepardness...

MCLB offers procedures for protecting yourself during severe weather. See Page 4.



Open season here...

Civilian employees wishing to enroll in FEGLI can find out the details. See Page 5.

MCLB Update

Navy & MC Relief Fun Run...

The Navy & Marine Corps Relief Society's annual "Run For Relief" is holding a raffle for a new Harlev-Davidson T-shirt and leather jacket. The cost is \$1 for the T-shirt and \$5 for the leather jacket per ticket. The drawing will be held the first week in November.

The 1/2 marathon, 5k and kids fun walk will be held Apr. 2, 2005.

For information on the raffle or the race, contact Lt. Verhegge at 639-6993

Marine security guard...

Gunnery Sgt. Steve Rice, Marine Security Guard recruiter, will be on-board MCLB Albany Sept. 22 for a Marine Security Guard and screening trip. If you are interested, contact Master Sgt. Lloyd Brown at 639-7026 for more details.



Hurricane season continues. For updated information regarding base conditions and work schedules, call the MCLB Albany destructive weather hotline at 639-7600

Commissary offers great savings Individuals who shop at the MCLB commissary save 30% on groceries.



Breakfast honors POW/MIA servicemembers

CPL. ISAAC PACHECO EMBLEM STAFF

On the eve of the 3rd anniversary of the 9/11 tragedy, servicemembers, retirees and civilians from the Albany community gathered at the Base Restaurant to remember the wartime sacrifice of those servicemembers who were captured and imprisoned or whose whereabouts remain unknown.

According to DoD announcements, there are now 1,853 Americans listed as missing and inaccounted for from the Vietnam War, 1,414 in Vietnam, 377 in Laos, 55 in Cambodia and 7 in PRC territorial waters. Until July 18, 1979 no commemoration was held to honor America's prisoners of war and missing in action. This year's breakfast marked the 18th time that P.O.W./M.I.A. Day has been officially recognized here.

Kent Morrison, director, Marine Corps



The POW/MIAtable is set symbolically to honor the wartime sac -

recognizing the servicemembers in the audi ence who had experienced captivity first hand "Our purpose here today is simple," Morrison said. "We're here to pause, honor and remember."

After a moment of silence, Morrison drew attention to the P.O.W. table in the corner of the room and explained the significance of each

"The table is round to show our everlasting concern for our missing men. The single red rose, displayed in a vase, reminds us of the life of each of the missing, and the loved ones and friends of these Americans who keep the faith, awaiting answers. A slice of lemon on the bread plate is to remind us of the bitter fate of those captured and missing in a foreign land. A pinch of salt symbolizes the tears endured by those missing and their families who seek answers. The Bible represents the strength



Ivan pushes Pensacola **Marines to MCLB Albany**

CPL. ISAAC PACHECO EMBLEM STAFF

In 1992 hurricane Andrew caused more than \$26 billion in damage, left thousands homeless and was responsible for 26 deaths. In the aftermath of that tragedy Marines helped communities ravaged by the storm pick up the pieces and rebuild anew. Now, in a cruel twist of fate, a similarly daunting storm is threatening one of the Marine Corps' vital training bases

Travel office implements split payouts

CPL. ISAAC PACHECO EMBLEM STAFF

Through the implementation of the Government Travel Charge Card Program's split dispersal program and late payment notification, Marine Corps Logistics Base Albany's Support Services Branch has successfully maintained the Marine Corps goal for delinquency since February. Marge Richards, agency program coordinator, Support Services Branch, says they reached their goal of less than 4 percent delinquency by contacting cardholders immediately when their accounts became outstanding.



process," Richards said. "Some people just need a friendly reminder once in a while. By contacting the cardholders at the See Travel Page 5

Case sale event at commissary

DECA CONSUMER AFFAIRS

around the corner and the lines are forming up for savings. Commissary shoppers normally save an average of 30 percent or more by using their commissary benefit regularly, but case lot sale shoppers are willing to get up before dawn stand in line and brave the elements in all for savings of up to 50 percent on popular paper goods, canned goods, cleaning products and much more.

"During our last worldwide sale in May, customer savings topped over \$5 million on more than one million cases of product," Pat Nixon, chief executive officer, Defense Commissary Agency, said. "But it's more than that. It's also a community event that gives neighbors a chance to have some fun, and it brings additional business and activity to the installations.'

The worldwide case lot sale has been staged in September since 2001. The event proved so popular that the sale was expanded in 2004 to twice each year in May and September.

Commissaries have flexibility in choosing which See Sale

Leadership of tomorrow

Col. B. G. Lee, Chief of Staff, Marine Corps Logistics Command, issued Certificates of Accomplishments to five civilian employees who recently completed Phase 1 of the Civilian Leadership Development Program. The program was initiated by Headquarters Marine Corps Order 12410.24 to assist commands in developing mentoring programs that move participants through an organized system of leadership skill competencies. (From left) Calvin Roberts, administra tor, CLD; Cecil Collins, Maintenance Center Albany; Ann Jowers, SCMC; Col. Lee, Chief of Staff; K. Sethi L15; Sandy Bushman, SCMC and Minnie Polite, director, Civilian Training.

MCLB focus on national issues, events



DALE RIECK CFC COORDINATOR

The Fall 2004 Albany Area Combined Federal Campaign will commence Sept. 28 and conclude Nov. 13. The purpose of the CFC is to afford all federal employees and military personnel the opportunity to donate to several worthy causes in a single campaign. The CFC is the only authorized campaign across the federal government which encourages contributions for voluntary and charitable causes. The fund raising program within the federal services exists as recognition of the importance of voluntary agencies in our free society, which complements and strengthens our tax supported services in a manner which is vital to the well-being of the American people. Their voluntary services to human needs on the local, national and international scene depend upon contributions of funds from the public. The Marine Corps, and all federal employees throughout Albany, have been significant contributors in the past with tremendous support. Many government employees have directly benefited from the charities which rely on personal contributions.



GUNNERY SGT. WILLIE HEPPARD VOTING REPRESENTATIVE

The right to vote is by far the most important right we possess and the time is rapidly approaching to exercise that right. However, in order to vote you must be registered. In order to register, you must complete the Federal Post Card Application. For all eligible voters you should complete the FPCA and mail it to your state election officials. Your Voting Assistance Officer can provide any assistance you may

I encourage you to visit the Marine Corps voting Web page. The site offers a wealth of information on topics such as: how to register, how to obtain your Absentee Ballot, how to complete the FPCA, as well as, how to contact and obtain information on the candidates. To access the Marine Corps Voting Web site visit: www.manpow er.usmc.mil. select 'Personal and Family Readiness (MR)', and then select 'voting'.

Marine, this right to vote is what democracy is based upon. It is the bedrock for our freedoms. Exercise your right to vote. Make your voice be heard!

A Few Good Words



'Heart of the matter'

LT. CMDR. ROGER RICHARDS COMMAND CHAPLAIN

Have you ever heard anyone talk about the Core Values of the Navy and Marine Corps? If you have been around for any length of time, chances are you have heard of them. You may even know what they are. But do you know where they came from? The answer may surprise you.

Several years ago, the Chief of Naval Operations and the Commandant of the Marine Corps, under direction from the Secretary of the Navy, commissioned a team to study the organizational behavior of the sea services and make some recommendations. In time, a report was made and it was determined that we needed a greater emphasis on our core values.

The Chief of Naval Education and Training was tasked with coming up with a curriculum that would address this. The first thing that had to be done was to actually identify our core values. A committee identified them as Courage, Honor and Commitment. Later, someone noticed that the chaplain who served on the committee conveniently listed them in that order so that the initials spelled out the initials for the Chaplain Corps. They were finally listed in the order in which we find them now:

Honor, Courage and Commitment. The interesting thing about this whole thing is that we began doing training about these core values throughout the sea services. I think the Marine Corps has been very successful in instilling these values, but I don't think it was because of the training. Instead, it is because of the transformation.

When someone enters boot camp, they are not considered "Marines." They earn this title later on. In fact, the entire USMC Basic Training experience is designed to be more of a transformation than just training. The individual is basically torn down and rebuilt the way the Marine Corps needs them to be. Part of this transformation is something that occurs within the person. They actually adopt the philosophy of the Marine Corps and embrace its Core Values as their own. Later, they have the Eagle, Globe and Anchor placed in their hand and they have now earned the title, "United States Marine."

Our relationship with God is just like this. We can learn about God. We can even be involved in religious practice. But that doesn't mean that we have really been transformed. Instead, we decide to embrace a relationship with God because we see how it has impacted others and we have decided that we want to have this same relationship with Him. When we enter into a new relationship with God, He actually transforms us. He changes our heart and gives us a new set of values.

Our actions will always show what is in our heart. Our true core values will come out over time. We can modify our behavior for a while, but eventually, what is on the inside will be evident. If you want to exemplify Courage, Honor and Commitment. it first begins with a transformation. Let God transform you. You will like the result.

Semper Fi in the Lord and I hope to see you in church on

COMMAND RELIGIOUS PROGRAM WORSHIP INFORMATION

Sunday School 9 a.m.

For more information, call the Base Chapel at 639-5282. For emergencies, call the Officer of the Day at 639-5206.

Crossroads Restaurant Menu

Buttered noodles

Rolls & butter

Soup of the Day

Sliced roast pork w/gravy

Fried chicken

Steamed rice

Green beans

Wednesday

Soup of the Day

Chicken pot pie

Green beans

Garlic bread

Salad bar

Scalloped potatoes

Spaghetti w/meat sauce Spaghetti noodles

Rolls & butter

Mashed potatoes

Salad bar

Tuesday

Glazed sweet potatoes

Peas w/pearl onions

Soup of the Day Chicken stir fry Yakisoba Vegetable fried rice

Steamed rice Spicy whole green beans Rolls & butter

Friday Soup of the Day Fried trout Herb baked chicker

Salad bar

Mashed potatoes Cheese grits Steamed broccoli Rolls & butter

Salad bar Monday

Soup of the Day Grilled ham steak Lunch Buffet & Lunch Buffet Takeout — \$5.95

(add dessert \$4.95) Express Lunch — \$3.95

Soup & Salad and Soup & Salad Takeout — \$3.95

Hours of Operation — Mon. - Fri., 11 a.m. - 1 p.m.

Marine Corps Training

Swim Qual

• Sept. 13 — 24 1 — 4 p.m. at the Base

Tan & Gray Belt

Sept. 30 7 a.m. — 11 a.m. Tan and gray belt sustainment training will be held in the Martial Arts building. Contact Gunnery Sgt. Crane at 639-7489 or Staff Sgt. Dixon at 639-5115 for details.

Corporal's course

• Sept. 27 — Oct. 15 Contact Staff Sgt. Floyd at 639-5130 to signup.

Pistol Range • Sep. 13 — 17; Sep. 20

24; Sep. 27 — 30. Safety brief will be at 10 a.m. at the Pistol Range the Friday prior.

Warrior Team Competition

- Sept. 15 8 a.m. Base Theater
- PME Convoy Ops Sept. 21 — 11 a.m. Base
- Theater Annual training.
- Sept. 29 8 11 a.m. Base Theater PME NBC.

• Sept. 8 at 7:30 a.m.

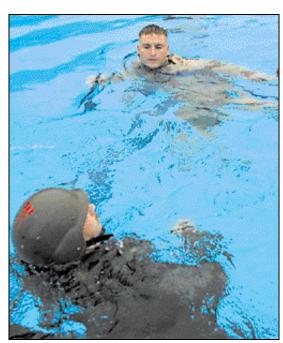
MCCS Test & Review

- Sept. 9 1:30 p.m. test. • Sept. 14 — 9 a.m. review. • Sept. 16 — 1:30 p.m. test.
- Sept. 21 9 a.m. review. • Sept. 23 — 1:30 p.m. test.

Tests & reviews are held in

 Sept. 28 — 9 a.m. review. • Sept. 30 — 1:30 p.m. test.

For more information training times, dates and locations. call the Battalion Training Office at 639-5130.



The LAST swim qual dates on base will be Sept. 13 - 24, - 4 p.m. Swim qual will resume at Albany State University's pool Oct. 8 at 1 p.m.

It's All For You!:

The Week Ahead

		Sut, Sept. 18					
Georgia National	Fri. Sept. 17		Sun. Sept. 19	Mon. Sept. 20	Tues. Sept. 21	Wed. Sept. 22	Thurs. Sept. 23
r tickets on sale IT. We have rounts on adult r admission ldren 10 and or free with ing adult) and way ride res. The last day to chose is Oct. 7 anti we're sold Harry! These fail. to Admissions dway Tickets: set of 18 tickets 10 (this is a \$8 lings)	Tonight's Morie Yo-Goth PG 7 p.m. 639-5166 ALL Youth Center 1dol Challenge Youth and Teen Center 8 p.m. 639-7960 ALL	Movies Yu-Gi-Oh PG 1 p.m. Collateral R 7 p.m. 639-3166 AMA		Falling Back in Lore Enjoying and Rekindling Love in Winter 10 a.m. 639-3252 ALL Deama Clab Youth and Toen Center 5 - 6 p.m. 639-7940 ALL	Base Chapel Annex 9:30-10:30 a.m. si30-5199 All.	Tonight's Movie Alien vs. Product PG13 7 p.m. 538-5166	Entisted Appreciation Block Party SNCO Club Scarting at 3 p.m. 639-7344 AB ENLISTER

Look for the MCCS Marketing Department's Events Guide. The Events Guide will be published and distributed monthly to let you know about everything going on within MCCS. Can't find an Everytis Guide? Call the Marketing Dept. at 639-5268.

Did you know...

...that fitness classes at Daniels Family Fitness Center are FREE? Try spin, aerobics, yoga, tae bo, pilates or kickboxing. Pick up a schedule at the

Lt Verhegge invites you to her CARDIO KICKBOXING Class, held every Tuesday and Thursday at 6 a.m. All levels of fitness can participate. Get a kick out of exercise!

ELIGIBILITY LEGEND

MA. Open to all Active Duty, Retirees, DoD Civilians, Contractors, Reservists and their family members

- AB Active Duty and their family members
- R Retirees and their family members
- DoD civilians and their family members Contractors and their family members
- Y Reservisis and their family members

MCCS Marketing Hotline 639-5268



2004 Commander's Cup Goli Tournament October 9 & 10

Grand Island Golf Club 2-man teams + 36 holes

Best Ball & Scramble \$1000 cash first prize for each flight (based on a full field). Hole-In-One, Closest-To-The-Pin and other great prizes!

Eligible: Any golfer with a current GHIN handicap index.

Entry Fee: \$80 per golfer (includes cart, range balls, breakfast for morning rounds and lunch both days).

Format: AM and PM shotgun start. Saturday: Best Ball, Sunday: Scramble, Maximum handicap spread of 7 strokes between partners. Entry Forms: Call MCCS at 639-7875, or find printable entry forms on our Web site. ALL

MCCS Web site www.ala.usmc.mil/mccs



Base Photographer.

The Emblem



... Tony Rawls

Commander, Marine Corps Logistics Command ...Maj. Gen. Harold Mashburn Jr. Commanding Officer, Marine Corps Logistics Base Albany.....Col. John P. Lopez Public Affairs Officer......Capt. Steve Butlet Public Affairs Chief.. ..Gunnery Sqt. Marlon J. Martin Managing Editor. .. Marc McCormick nity Relations Chief

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Logistics Base Albany, Ga.
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edited, prepared and provided by the Public Affairs Office of Marine Corps Logistics Base Albany, Ga.

pow/MIA — From Page 1 gained through faith to sustain those lost from our country founded as one nation under God. The glass is inverted to symbolize their inability to share this morning's toast," Morrison said.

After his tribute, Morrison invited the guest of honor, Sgt. Major Glenn N. Wright, JUSMC, Ret.), up to the podium to present his remarks. Wright, a seasoned combat veteran, was aboard the first helicopter shot down in Vietnam. During his speech, Wright recounted the story of his family's experiences with M.I.A. and killed in action, and recognized the sacrifices of servicemembers in each military branch.

"Now, I stand here as a Marine, but I'm here to tell you that I have a great respect for the contributions of all the services," Wright said. "I've searched my soul over the past few years to find out what makes Marines different from these other services, and I've come to realize that it's the brotherhood we share."

Winford Boatwright, a former Army P.O.W. who attended the breakfast seemed to relate to Wrights'words, saying the brotherhood between he and his fellow captive servicemembers was equally strong.

"When the Germans imprisoned me during WWII, I always told my comrades that America was going to liberate us. I'll never forget the face of the sergeant who came in and set us free. He had the American flag with him and I just fell down on my knees and started crying. It was like being given a new life," Boatwright said. "This ceremony means a lot to me because I get to see that people care about what we went through. I don't think many people today realize what patriotism really is. I fought for this flag, I was imprisoned for this flag and I starved for this flag," Boatwright added as he pointed to the American flag-shaped lapel pin on his chest. "That's patriotism"



Kent Morrison, director, Marine Corps Community Services, gives the opening remarks during the POW/MIABreakfast.



Hungry servicemembers and civilians lined up for the buf fet before the POW/MIA ceremony.



Guests and veterans stand with the Commanding General of Marine Corps Logisitics Command, Maj. General Harold Mashburn (center right) and the commanding officer of MCLB Albany, Col John Lopez (center left). Pictured center is the guest speaker for the event, Glenn N. Wright (USMC ret.).



(Right) Main speaker Sgt. Major Glenn Wright (USMC, Ret.) addresses the crowd about his Vietnam experiences and MIAs during the 2004 POW/MIAbreakfast held at the Crossroads Restaurant on base.



The Albany Marine Band's Brass Quartet played a selection of patriotic pieces before and after the ceremony.

Daniels Family, fitness center holds ceremony to honor the Daniels family



Fallen hero remembered

A large number of people turned out Sept. 10 to honor the Daniels family for whom the Daniels Family Fitness Center is named. Col Lopez unveiled a plaque dedicated to Staff Sgt Earl Daniels, Jr. and the attendees were invited to tour the facility and learn about all the programs offered. Eight family members of Staff Sgt Daniels attended the ceremony. They were: Betty Daniels, wife; Della M. Daniels, mother; Earl Daniels, son; Joseph Daniels, brother; Raevin Hawkins, grand daughter; Almeda Simpson, sister; Willie Baldwin, cousin; and Delores Baldwin, cousin.



Staff Sgt. Earl Daniels, Jr.

Staff Sgt. Earl Daniels, Jr. was born on January 26, 1940 in Thomas County, Georgia, and grew up in the Thomasville area, 60 miles south of Albany. He attended Magnolia High School in Thomasville where he was very active in the Future Farmers of America organization. He graduated in 1958.

In 1960, he joined the Marine Corps. He died while on patrol in Quang Name, Republic of Vietnam on June 26, 1967. He had served in the Marine Corps for over six years.

The President of the United States presented the Bronze Star with Combat "V" posthumously to Staff Sgt. Daniels. The Citation reads: "For meritorious service against communist forces in Vietnam as Platoon Sergeant, First Platoon, Company G, Second Battalion, First Marines, First Marine Division from 27 February to 20 May 1967 and as Platoon Commander from 21 May to 26 June 1067."

Staff Sergeant Daniels was survived by his wife, Betty Daniels; his children Earl Daniels, and Deborah Hawkins; his parents Mr. and Mrs. Earl Daniels, Sr.

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From Page 1

Recently, Hurricane Ivan's forecasted track placed the category 4 cyclone on a collision course with Naval Air Station Pensacola, Fla., home to the Marine Aviation Training Support Group-21, with nearly 1.500 Marines. On Sept. 14. with the evacuation of NAS Pensacola inevitable, Marines aboard Marine Corps Logistics Base Albany, Ga., sprung into action for their fellow Leathernecks.

Within 6 hours of being notified of the impending storm MCLB Albany Marines established a Destructive Weather Operations Center, and helped orchestrate the mass evacuation of Marines from Pensacola.

The cramped DWOC conference room-turned-command-center bustled with activity as Marines, sailors, and civilian employees worked to speed the safe arrival of Pensacola's Marines.

By coordinating their efforts with various units aboard the base and with Pensacola's advance party. Marines here turned the logistical nightmare of housing approximately 1400 Marines, into a manageable project.

Before Pensacola-based Marines had even begun loading onto buses for the five-hour journey north, Marines from the Organic Maintenance Unit were busy setting up field showers in one of MCLB

Albany's storage warehouses. "It feels great to help out my fellow Devildogs," said Cpl. Alan Prine, OMU, Marine Corps Logistics Command. "Because I'm on this base (MCLB Albany), I don't always get an opportunity to do



Servicemembers from different units aboard MCLB Albany worked together to set up a 24-hour Destructive Weather Operations Center before the Pensacola Marines arrived.

stuff like this. It's a nice change of pace."

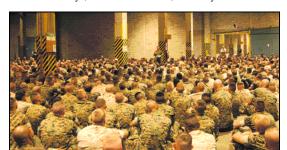
As tired Marines poured out of their busses and into the warm Georgia night, they were greeted with a safe place to call home and a team of Marines ready to help make their stay as painless as possible.

According to Capt. Clarence Johnson, DWOC watch officer, the first day was merely an exercise compared to the level of intensity expected if Ivan casts it eye towards Pensacola, or even Albany.

"The best plan is flexibility. We're already expecting to have the (Pensacola) Marines here for 2-6 days," said Johnson said. "If their base suffers a lot of damage they may stay longer. Either way we'll be prepared." Even as Ivan continues its

unpredictable path of destruction, Marines in Albany and around the Corps are continuing to exemplify an opposing

They are riding out the storms of life, and Hurricane Ivan, with a steadfast dedication to our country and the Corps—a faithful reliability that has made the Marine Corps motto ring true for more than 228 years. Semper Fidelis. isn't just a phrase to these warriors; it's a way of life.



Like the eye in a hurricane of Marines, 1st Sgt. William Oldenburg, Aviation Squadron 1 (center), rises from a sea of Pensacola based Marines to brief them on their stay aboard MCLB Albany.

Severe weather — stay or leave?

Here is a list of the many things to consider before, during and after a hurricane. Some of the safety rules will make things easier for you during a hurricane. All are important and could help save your life and the lives of others.

When a hurricane threatens vour area, vou will have to make the decision whether you should evacuate or whether you can ride out the storm in safety at home.

If local authorities recommend evacuation, you should leave! Their advice is based on knowledge of the strength of the storm and its potential for death and destruction.

In General —

If you live near a river or in a flood plain, plan to leave.

If you live on high ground, and not in a mobile home, consider staying. In any case, the ultimate decision to stay or leave will be yours. Study the following list and carefully consider the factors involved, especially the items pertaining to storm surge.

• At beginning of hurricane season make plans for Action.

· Learn the storm history and elevation of your area.

Learn safe evacuation.

· Learn location of official shel-

• Determine where to move your boat in an emergency. • Trim back dead wood from

· Check for loose rain gutters

and down spouts. During Hurricane Watches — (A hurricane watch is issued

when there is a threat of hurricane conditions within 24-36 hours.) · Listen to a battery-operated

radio or television for hurricane progress reports. Check emergency supplies.

• Bring in outdoor objects such as lawn furniture, toys, and garden tools and anchor objects that cannot be brought inside.

• Fuel car.

• Secure buildings by closing and boarding up windows. Remove out-

• Turn refrigerator and freezer to coldest settings. Open only when absolutely necessary and close quickly.

· Store drinking water in clean bathtubs, jugs, bottles, and cooking utensils.

· Store valuables and personal papers in a waterproof container on

the highest level of your home. • Review evacuation plan.

· Moor boat securely or move it to a designated safe place. Use rope or chain to secure boat to trailer. Use tiedowns to anchor trailer to the ground or house.

During a warning — (A hurricane warning is issued

when hurricane conditions (winds of 74 miles per hour or greater, or dangerously high water and rough seas are expected in 24 hours or less.)

· Listen constantly to a batteryoperated radio or television for official instructions.

· If in a mobile home, check tiedowns and evacuate immediately.

· Avoid elevators. If you are at home

· Stay inside, away from windows, skylights, and glass doors.

• Keep a supply of flashlights and extra batteries handy. Avoid open flames, such as candles and kerosene lamps, as a source of light. • If power is lost, turn off major

appliances to reduce power "surge" when electricity is restored. If officials indicate evacuation

• Leave as soon as possible. Avoid flooded roads and especially

is necessary -

watch for washed-out bridges.

• Secure your home by unplugging appliances and turning off electricity and the main water

· Tell someone outside of the storm area where you are going.

• If time permits, and you live in an identified surge zone, elevate furniture to protect it from flooding or better yet, move it to a higher floor.

• Take pre-assembled emergency supplies, warm protective clothing, blankets and sleeping bags to shelter.

· Lock up home and leave. Afterthe storm

· Stay tuned to local radio for

information · Help injured or trapped per-

· Give first aid where appropri-

• Do not move seriously injured persons unless they are in immediate danger of further injury. Call

· Return home only after authorities advise that it is safe to

•Avoid loose or dangling power lines and report them immediately to the power company, police, or

fire department. • Enter your home with caution. Beware of snakes, insects, and animals driven to higher ground by

flood water. · Open windows and doors to ventilate and dry your home.

· Check refrigerated foods for spoilage. · Take pictures of the damage,

both to the house and its contents for insurance claims. · Drive only if absolutely neces-

sary and avoid flooded roads and washed-out bridges. See Tips

What goes up must come down

ALFRED BELANGER RISK MANAGEMENT OFFICE

Most whitetail deer hunting in the South is done from tree stands. Unfortunately, as the use of tree stands increases, so does the number of hunters

injuring themselves. In Georgia last year, 25 of the 45 hunting accidents were related to tree stands. Fourteen were related to hunters shooting each other! What hanpened to positive identification? Y'all know the golden rules of hunting, right? Every time you climb into a stand you take some risk. It only takes a second for a fall or fatal shot.

Here are a few ways hunters get hurt in tree stands: falling asleep, leaning to take a difficult shot, slipping when climbing in or out of the stand, and breaking tree stands. There is a common cure

for all of these risks.

It is called a safety harness. A safety harness will not help you unless you wear it and use it properly. It is not good enough to put the harness on after you setstand.

Climbing into stand is when you are most



likely to fall. You should be tied off and secured as you climb, when getting in or out of your stand as well as when you are waiting on the trophy deer. Without a doubt, using a safety harness is the single most important step you can take to ensure your safety while hunting from a tree stand.

TREE STAND SAFETY TIPS

tled into your . Never use old wooden stands you may find in the

woods. Never use a climbing stand you are not familiar with. or out of your • Inspect your stand prior to every use.

· Follow manufacturer's recommendations. See Stands -

Page 6

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Military Retiree Survey

Dear Military Retiree or Retiree Spouse,

Your input is needed in order to ensure our community relations program is providing the essential interaction between the active duty military and our retiree community. We want to identify your needs as military retirees, family members, and surviving spouses, as well as improve your understanding of current military operations, missions, and requirements. Please take the time to complete this mail-in survey. Captain Steve A Butler, USMC, Dir. Public Affairs

Please fill out and mail this survey to: Commanding Officer, Marine Corps Logistics Base Albany GA Attn: Public Affairs Office Code 70000, Community Survey, 814 Radford Blvd, Albany, Ga 31704-0306 required fields *Full Name: *ZIP Email:__ Prior military service dates: ___ Rank/Branch of Service (if applicable)_ Distinguished military service awards (Purple Heart/ Flying Cross, etc): __ "Would you like to receive free delivery of If Yes: Would you be interested in a introductory low cost Package that includes daily home delivery of The Albany The Embiern, our base newspaper? Yes___ No____ Herald newspaper along with Thursday delivery of The Emblem? Yes__ What activities or services aboard base are most of interest to you and your family? ____ If you already read The Emblem, what topics would you like to see covered in the newspaper? _ Are you interested in attending monthly social events aboard base to meet and greet current Marines, Sailors, and civilians? __Very Interested __Maybe every 3 months or once a year __ Not interested If you are a military retiree (regardless of branch), would you be willing to serve as a speaker to young Marines about your past military experiences? No___ Would you be interested in attending a focus group in order to give feedback about the services offered aboard

base (including the Commissary, Exchange, Marine Corps Community Services, Legal Assistance, etc)?

"If someone is traveling for long run."

use can even benefit them in the

By keeping their bill paid,

- From Page 1 training/trainingdocs/travel - more options and with proper 30-day mark, we were able to training/index.cfm). give them time to pay off any outstanding debts before their the government, the government accounts lapsed into delinquen- should pay for it," Richards said. they can actually boost their cy. Split dispersal helped out a "The card gives servicemembers credit rating."

Corps' newly mandated form of repayment for official temporary duty travel where some purchase refunds are credited directly to the travel card rather than to the service member.

Service members are required to use a government travel card if they take more than 2 or more

TAD trips per year. "The advantage of the card is convenience. People with the card have a credit limit to work with, ATM service and a more cost efficient means of spending government money," Richards said. "Also, the turn around time for refunds with Defense Travel System is usually around 3 days. Cardholders used to wait a week or more with the old system.

Along with the new conveniences for spending money come convenient new ways to repay the outstanding balances.

Bank of America offers several repayment options including a standard mail-in payment, payment at any Bank of America location, by phone or online.

Richards warns that although the card gives cardholders a multitude of new options, misuse can lead to punitive actions and negative credit reports.

"Names of cardholders whose accounts are delinquent over 60 days are sent to the command and the security manager every month," Richards said. "If the card is used for purchases that aren't authorized then the cardholders privileges can be revoked and they end up paying out of their own pocket.'

According to Richards, a cardholder training program offered online can help teach cardholders how to properly use the card, prevent misuse and inform them of beneifits they may not know the card offers.

Information can be found at Web site www.fss.gsa.gov/web -

FEGLI open season underway

KAY BRACKNELL

HUMAN RESOURCES OFFICE

It is Navy policy to support Office Personnel Management's initiates in marketing the Federal Eemployees Government Life Insurance open season by ensuring the following information is disseminated to all employees. HRO activities are advised to make all benefits information available to all employees even if they do not have computer access.

Kay Coles James, director, U.S. Office of Personnel Management, sums it up best - "I strongly encourage you to take advantage of this rare opportunity to review your life insurance requirements to ensure you are spending your hard-earned dollars in the best possible way to protect your family,

The FEGLI 2004 Open Season has opened! Celebrating the 50th Anniversary of the Federal Employees' Group Life Insurance Program, this open season allows eligible employees the opportunity to enroll in the FEGLI Program or change their FEGLI coverage WITHOUTanswering any medical questions, having a physical examination, or providing marriage or birth certificates.

Have you visited Web site www.fegli2004.opm.gov <a href="http://www. .fegli2004.opm.gov/ to get more information about the FEGLI Open Season? This Open Season doesn't last very long - it ends on September 30, 2004. Don't miss it!

• Even if you don't have Basic coverage now, you can still participate in this FEGLI Open Season!

• Even if you waived coverage in the past, or you were turned down for coverage in the past, you can still participate in this FEGLI Open Season! • No physical needed, no medical questions asked!

To make an open season election please visit Web site www.donhr.navy.mil click on EBIS or call The Benefits Line at 1-888-320-2917. More information can be found at Web site www.civilianbene fits.hroc.navy.mil/fegli_os_how.as

NO PAPER FORMS WILL BE ACCEPTED. Please note that new coverage you may elect has a delayed effective date.

For more information, contact Danny Gay at 639-5228.

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Tips — From Page 4

• Use telephone only for emergency calls.

Inspecting utilities in a damaged home

· Check for gas leaks-If you smell gas or hear blowing or hissing noise, open a window and quickly leave the building.

Turn off the gas at the outside

main valve if you can and call the gas company from a neighbor's home.

If you turn off the gas for any reason, it must be turned back on by a professional.

· Look for electrical system damage-If you see sparks or broken or frayed wires, or if you smell hot insulation, turn off the electricity at the main fuse box or circuit breaker. If you have to step in water to get to the fuse box or circuit breaker, call an electrician first for advice.

 Check for sewage and water lines damage—If you suspect sewage lines are damaged avoid using the toilets and call a plumber.

Sale weekend during the designated month to hold their sale and nearly all of DeCA's 273 commissaries par-

ticipate.

being added to the DeCA customer Web site. Shoppers can find out the dates of their nearest case lot sale by accessing the case lot sale link on the front page of Web site www.com missaries.com. All commissaries and their tentative sale dates will be listed in the new section. Each store location will also have a direct link to the store's "spotlighting" page

— From Page 1 the sale date gets a little closer. Many commissaries also list a sampling of items they plan on having at the sale.

Customers should always For September, a new feature is remember to check directly with their commissary before traveling since dates or product selection may change due to unforeseen circumstances such as inclement weather or occasional problems with product delivery. Store contact information and phone numbers can also be found on each commissary's Web page.

Military retirees near Army and where customers may find case lot
Air Force installations should check sale hours for that particular store as the new case lot sale page at Web

site www.commissaries.com.to.see.if their commissary is having its case lot sale during the weekend of Sept. 17-19. That will be a fun weekend for retirees near most Army and Air Force installation exchanges as they will be honored with special sales and events during the annual "Still Serving" campaign.

The Defense Commissary Agency operates a worldwide chain of nearly 275 commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a 5 percent surcharge, which covers the costs of building new commissaries and modernizing

Stand — From Page 4

• Use the buddy system for hanging fixed stands. • Pick a good healthy tree to hang your stand. • Look above your tree stand for dead branches and wasp nests. · Ensure the top and bottom of stands are tethered together. • Adjust your safety strap high enough on the tree to prevent you from falling more than 12 inches. • Use a haul rope to raise and lower your gun, bow and all other gear. • Carry a cell phone on your person not in your daypack. •Wear a whistle. · Always tell someone where

your tree stand is located.